

Birangle

The start/finish line is designated by (2) poles placed (30) feet apart at the timer line. There will be (2) more poles set up 90 feet diagonally from the center of the timer poles with one pole to the right and one pole to the left.

The Contest must run between the timer poles, making either 2 left runs or 2 right turns and back through the timer poles to stop time. Failure to run between the timer poles will result in a no time.

A five 5 second penalty will be assessed for each pole knocked down.

